

**Details in the Fabric**  
Angie Frid  
Winnetka Presbyterian Church  
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Youth Sunday

Hi, for those of you who don't know me, my name is Angie Frid and I am a Senior at New Trier and I have volunteered to share how God wants us to trust Him in and that He will love and take care of us. I've grown up a Christian, but Christianity is something I am still coming to understand. So while writing this, I prayed and went to my mum for help and God reminded me that there is no problem is too great when we trust in God. Our passage today is from Matthew 6:34, Jesus says, "Do not worry about tomorrow, for tomorrow will worry about itself. Each day has enough trouble of its own."

I've grown up in a Christian family. I'm familiar with the teachings of the Bible but I go in and out of Christian phases because whenever things don't seem to be going according to plan, I lose faith and start trying to take things into my own hands. Still, God has an amazing way of always finding me and taking care of me. Last year was a hard year for me. I struggled with friend problems, school work, and the high expectations I have for myself. I had prayed and prayed about these problems, but it felt like nothing was working and I started to lose faith. My largest problem was that I was so occupied with all of my problems that I forgot to make room for God. But there's a point we all reach where we realize we can't do it on our own. One night I reached that point, and did what I usually do. I turned on my favorite song by Jason Mraz. I listened to the lyrics of "Details in the Fabric" and it calmed me down and reminded me that God loves me. They read,

Calm down

Deep breaths

And get yourself dressed instead

Of running around

And pulling all your threads and

Breaking yourself up

Hang on

Help is on the way  
Stay strong  
I'm doing everything  
And hold your own  
Know your name  
And go your own way  
And everything will be fine

While I was listening to this song, I started to pray that as the words said everything would be fine. Clearly God must love us, otherwise there wouldn't be songs like that to bring us back to where we need to be. Or friends to listen to us when we just need to spill. Or the parents to tell us that it's okay.

When bad things happen to us, or we're going through rough times, we can't lose faith in God because he is always there with us. He's the warm cup of tea after a bad day and walking through a rainstorm. He's the friends who huddle together to stay warm in a snow storm. He's in the song that comes on the radio at just the right time. The children singing praises to Jesus in Haiti after the earthquakes struck. He's in the quick response to the earthquake. The Holy Spirit is in all of us, so that whether it's your friends or your family, all of the people who love you were put in your life to help you and help them have joy, love, hope and give each other strength. And for the times when it feels like there is no one to turn to, the Holy Spirit is in you, so turn to God, and he will walk with you. I've learned as a Christian that sadness and disappointment can be part of God's plan to prepare us for greater things and to teach us that when we trust in him he will take care of us.

The thing we need to realize as Christians when we lose faith, is that we need to have patience with God and realize that he has his own plan for us. The disappointments and turns in our lives will change us for the better, and God will always have something better around the corner. Things will always get better if you put your faith in God, but it's about having the patience to stick with your faith even when times get rough. But you also can't pray only when things are rough, you have to pray through the good and the bad to build a strong relationship with God and walk with a good true faith.

I've been living the purpose of this passage all week, by stressing out about this sermon. I didn't know how to write it, and I felt lost. I kept sitting down at a blank word document, writing things that didn't get to the heart of the message. And it wasn't until the crunch time that it really started to come out the way I felt God wanted it to. In the wee hours of the morning with a cup of tea and music in the background with the dog dying for sleep, I realized that I could do this, and that if I quit worrying about finishing while I wrote it, that I could get it done. The true message of this passage is that God is telling us to live in the moment. You can't do anything about yesterday, and you don't know anything about tomorrow. Today is a gift, so just live it, and do the best you can. God will take care of the rest.

So in the words of God, through Jason Mraz, "hold your own, Know your name, go your own way and everything will be fine"