



Winnetka

PRESBYTERIAN CHURCH

February 2014

CROSSROADS NEWSLETTER

From the Senior Pastor...

Just like that, our hearts can be broken, our faith can be shaken, our lives can be lessened, and our journey can be made so much harder. The tragic death of Sarah McCausland has done this to all of us, even as we muster every morsel of love and support we have to give to Andy, Sandy, Tori, and their whole family. We summon the instincts of our faith, to give ourselves and hold each other up, and thank you for doing so in such a beautiful way.

We promise, when we are going to be members of the church together: "We promise to walk together through life, come what may, supporting each other with generous love and prayer, as together we listen for and respond to God's Word for us." These are the words we said to the McCauslands when they joined the church in 2009, and we will say them again to new members joining our church on February 9th. We walk together, come what may, support with love and prayer, listening and responding in faith. That's what we do, because we are a church in the way of Jesus Christ.

I'm deeply grateful for the work God is doing in this place to save us from despair and devastation, not just in our response this week, but in the new form of ministry that is being prepared in our church this year: Stephen Ministry. Stephen Ministry is a worldwide program that equips gifted non-clergy people to provide high-quality, confidential, Christ-centered care to people who are hurting. When we are hurting in life, when we have been devastated, it can take months and years to get our bearings again. The process of healing and restoration, we believe as Christians, is interpersonal, and calls for a ministry of listening and presence.

WPC is getting equipped to provide Stephen Ministry as an additional way to care for each other well. Stephen Ministry does not in any way replace the need for pastors or deacons, but provides a distinctive kind of ministry - one-on-one, long-term walking with another - to complement the ways our church is already situated to care. I can think of no time in our life that better demonstrates the importance of love like that offered in Stephen Ministry, and thank God for the timing of its arrival to us.

You can join me in being grateful for the dedicated organizing and teaching that has been done by Rev. Kathy Dale McNair and Judy Sawdey, our Stephen Leaders who have given countless hours to training and preparation. We can also be deeply grateful for the commitment of those who have been trained in Stephen Ministry this year: Linda Black, Tom & Jeannette Eilers, Allison Farnen, Dave Holly, Nan & Ron Krause, Kirk & Margie McInerney, and Dick Sawdey. These Stephen Ministers are scheduled to be commissioned on Sunday, March 9th, and begin ministry soon thereafter. More information coming soon.

Right now our hearts are broken, but God is working through all of us, and upon all of us, in the outpouring of love this week. And God has been preparing us and equipping us all year - through the dedication of our soon-to-be-commissioned Stephen Ministers - to love each other through whatever comes, so that the light shines in the darkness for all of us, no matter where we are or how long it takes.

Peace, David



www.winnpres.org
facebook.com/WinnetkaPres
office@winnpres.org
847.446.7777

- Rev. David Lower 20
Senior Pastor
david@winnpres.org

- Rev. Adam Walker 21
Cleaveland
Associate Pastor
adam@winnpres.org

- Rev. Martha Ross-Mockaitis 40
Pastor for Children's Ministries
martharm@winnpres.org

- Rev. Diann Santschi 25
Parish Associate of Pastoral Care and Counseling
diann@winnpres.org

- Rev. Kathy Dale McNair
Parish Associate for Adult Ministries
kathy@winnpres.org

- Geoff Duffy 24
Director of Music, Associate Director of Worship
geoff@winnpres.org

- Penny Grell 22
Interim Administrative Assistant
office@winnpres.org

- Michael Jin 26
Accountant
mike@winnpres.org



STEPHEN MINISTRY AT WPC

Stephen Ministers are specially trained to provide one-to-one Christian care to people who are experiencing a life challenge or crisis.

How Does Stephen Ministry Work?

1. Stephen leaders and the pastor recruit and select church members to take the training.
2. Training includes 50 hours of training in Christian caregiving skills. The general skills taught are reflective listening, recognizing feelings, practice of gentle but assertive communication, and keeping boundaries. Specialized topics are how to use prayer and Christian resources, how to minister to someone experiencing grief, divorce, a terminal illness and more.
3. Upon completion of the training, the church members will commission the newly trained Stephen Ministers in a worship services.
4. Pastor Lower and the referral coordinator will work together to pair up a Stephen Minister with people in our congregation and community who need care. (People experiencing divorce, death of a loved one, hospitalization, loss of a job, a terminal illness, a relocation, the birth of a child, an empty nest, the transition into retirement, loneliness, a spiritual crisis and more.
5. Stephen ministers have one care receiver at a time and are paired up a woman with a woman and a man with a man. They meet with their care receiver in a private, one-to-one, confidential setting for about an hour or more a week and may touch base on the phone once or twice a week.

6. Stephen Ministry is a confidential ministry. The only people who know the identity of a care receiver are the care receiver, his or her Stephen Minister and the pastor and care referral coordinator. Anything the care receiver tells their Stephen Minister remains completely confidential.
7. After the training is complete, Stephen Ministers and a supervision group facilitator get together twice a month for continuing education and supervision. Stephen Ministers are always learning, growing, and enhancing their caregiving ability. The supervision group helps Stephen Ministers to guide and support one another in their ministry, so they can provide the best care possible. Confidentiality, again, is a major emphasis of supervision. Names are never mentioned and details about the care receiver are never discussed. The focus of supervision is not on what is going on in the care receiver's life—it is on the relationship between the Stephen Minister and the care receiver.
8. Stephen Ministers make a commitment to two years of service.

Thank you WPC Family

Thank you so much to everyone in our WPC family and all the community members who supported the church and McCausland family during this time of grief and remembrance. And a special thank you to Emily Boling and the Deacons as well as the many



other volunteers for giving so much time and effort to coordinate a beautiful memorial service. We continue to hold Andy, Sandy, Tori and the McCausland family in our prayers, as well as the family of Lina Brown, Sarah's friend from Seattle, who also lost her life in this tragedy.



Dinner for 80

In order to honor and support the McCausland family, the all church Dinner for 80 was rescheduled for March 1. This means anyone who wishes to attend should sign up again, please indicating if you are willing to host 8 people for dinner at your home. Sign-up sheets will be at WPC outside the coat room or you can email Betsy Wiltshire at ehwiltshire@gmail.com before Feb 16. Assignments of what to bring will be given out at church on Sunday, Feb 23. You will not know where you will be dining until that evening! Then join us as we mix, mingle, and get to know a few more members of the church family.

The Final AFGHAN RAFFLE!



The Great Purl Afghan is ready to be raffled off! Tickets will be sold Feb 2 & 9th and then the raffle will take place in time for Valentine's Day! This year we have a small raffle so your chances are

good that you would be a winner. Hint, hint to husbands or sweethearts: buy some tickets and get a wonderful gift for your sweetie! All proceeds will go to Family Promise.



Women's Retreat March 14-16 *Naming and Claiming God's Gifts*

**Eaglewood Resort & Spa
Itasca, IL**

The Women's Retreat beckons you to a time of fellowship and renewal of spirit and body. Speak-

ers Kathy McNair and Marj Steiner will lead a program sure to calm your whirl-weary soul. During your free-time the Eaglewood Spa and fitness center stands ready to help you refresh and recenter. Registration materials are available in the church office and on our Web-site. For information and enrollment materials contact retreat coordinator, Carol Fessler cafessler@aol.com

Field Day Re-instituted

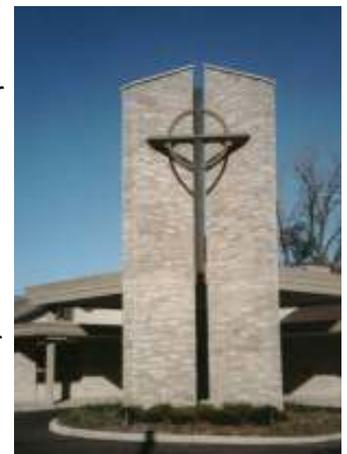
After many years, an all-Church "Field Day" is be re-introduced. It is an opportunity for our entire Church family to come together on a Saturday morning to do spruce-up, clean-up and straighten-up projects around the Church property. All are invited, including teen-agers, to come and lend a hand.

The date is Saturday April 12th starting with coffee, juice and rolls at 9, and ending at 12 sharp. Projects that are simple and do-able (and worth doing) will be assigned that morning and any necessary supplies such as rags, cleaning materials etc will be provided.

Field Days were a Church tradition in the mid-70's and the old-timers among us will remember them as fun and good-fellowship events.

A sign-up sheet will appear in the Atrium in the next few weeks, and there will be an Internet sign-up site as well. Or what the hey, just show up.

Come join us April 12th for a well-spent morning!





February 2014

Worship & Music

The Extraordinary Elemental

Geoff Duffy

Director of Music, Associate Director of Worship

OK, I admit it...I don't always listen to every word of every sermon I hear! As a musician, it is usually the music in worship that speaks most deeply to me; as a visual learner, I am more often inspired by what I see than by what I hear. A few weeks ago, however, I was struck by a phrase David used in his sermon on of the wedding feast at Cana where Jesus turned water into wine. David preached that "when it comes to Jesus...the elemental becomes extraordinary."

I couldn't get that phrase out of my mind and so, when I got home that afternoon, I took out my paints and started creating. I wasn't quite for sure what I would paint and then it came to me. We are in the season of Epiphany ("manifestation"), and in the Eastern Church the Epiphany of Christ is celebrated by reading three gospel stories: the arrival of the magi, the baptism of Jesus, and the wedding feast at Cana. I began to think about all those stories and the idea of the elemental becoming extraordinary.

What emerged was a triptych I titled "The Extraordinary Elemental."



The Wedding

For the third painting, I tried to imagine what it looked like inside the large clay jar as God's power mingled with the water turning it into new wine.

All of this was inspired by one phrase I heard in a sermon:

*In the baptism of Jesus, the waters of a river became a vehicle for the spirit of God to descend and remain. In the first miracle of Jesus, the waters of a river were transformed into wines of wedding feast and celebration...when it comes to Jesus...**the elemental becomes extraordinary.***

God could be understood as this. The strange, mysterious, and miraculous power by which the elemental becomes extraordinary. The way carbon becomes life, the way beings become loving, the way loving beings outlive death. The elemental becomes extraordinary, and that's how we know God is. The early life and ministry of Jesus points to elements being transformed to extraordinary things, and that's how we know God is with Jesus.



The Epiphany

Epiphany is a word that means "manifestation" and the first painting reveals the bright glory of God breaking into our darkened world.



The Baptism

In the second painting, I envisioned Jesus descending into the water and the water being infused with the divine presence and glory that dwelt in him.

Calling All Artists!

How have you responded creatively to something you have heard or experienced in worship? We would love to see what you have created in response to your experience of Sunday worship. If you are interested in displaying your work, please contact Geoff at geoff@winnpres.org or 847-446-7777 x24.

Stations of the Cross Art Project

The stations of the cross are 14 "stations" that depict the final hours of Jesus' life. We are looking for artists to help create artwork that will hang in the sanctuary during Lent this year. The artwork needs to be completed by the last week of February. For more information, please contact Geoff Duffy.



Faith Explorer's

FEBRUARY 9th ALL FOOD DONATIONS FOR A JUST HARVEST COMMUNITY KITCHEN AND TITHES THAT THE CHILDREN INCREASED FOR THE LEMONAID FUND ARE TO BE RETURNED. Otherwise, bring them the next time you attend church! On Feb 9th we will collect the items during worship at The Moment with The Young- just bring them forward! Cash in an envelope please. The Children's Ministry Team hopes that this learning has been positive for your children and been a discussion starter at home. Let us know, we'd love some feedback. This has been a wonderful unit and we thank everyone who has made it possible, teachers, special speakers, & workshop planners.



The Parable of the Good Samaritan begins February 16th with a video for grades K-2nd. Feb 23 is a Storytelling class for K-2nd and a teacher is still needed.

Third Grade Sacraments Class

Third Grade Sacraments Class will be held during Sunday School on February 9, 16 and 23rd. If your child cannot attend a class, materials can be picked up ahead of time and worked on at home. No problem! The class will take a picture on February 2nd and then sit together and take communion with their families in worship. From this point forward, all 3rd graders will stay in worship on the first Sunday of each month with the older grades!

Worship Activity Folders

There are worship folders and children's activity bulletins for 7-12 year olds in a basket where the adult bulletins are handed out. Take one for your child so they can learn and listen while in worship.

Younger children have activity folders (green & blue) in a basket by the ushers as you enter worship. Take one for your child to use as they sit in worship.

Teachers needed March 16th: Storytelling, K-2nd gr. on the Resurrection Theme

And again on March 23rd Storytelling grades 3-4th

Thank you, Fran!

A big Thanks to Fran Heller for fixing some chairs in our nursery rooms, repairing puzzles (making new pieces and painting them), and making a wonderful stand for a set of crosses so they can be used to teach children about the different kinds and meanings of crosses. Thanks so much Fran!

A sewer is needed: two fabric books are ready to be made. Fabric, batting are in Martha's office. Just cut, place the batting and sew. If you are willing, please contact Martha. Thanks.

Epiphany Pageant 2014 Cast and Crew.

Thanks to everyone who helped make this possible!





REFUEL Retreat



9 high school youth and 3 adults had a fabulous weekend retreat January 24-26. We took a group up to Baraboo, WI for the chance to get away, rest and re-fuel. We spent time sharing faith stories, singing, getting to know one another better, eating some good food and, of course, skiing and snowboarding in 9° (-8° wind chill) weather at Cascade Mountain. All of the youth had a really great time (including those who skied for the very first time on the retreat) and we look forward to continuing this winter retreat tradition in the future.

Office Hours with Adam

Adam will continue with his weekly Office Hours around town in February. If you're around and free between 3:30-5pm, stop by and get a drink with Adam and hang out for a bit. It is a time for casual conversation, and you can even bring any questions that you've been having about faith and spirituality, and we can talk about it. The schedule is below:



2/13: Caribou Coffee
2/20: Caribou Coffee
2/27: Caribou Coffee

Youth Ministry Events for February

We have a few things coming up in February that I wanted to make sure that everyone knows about:

February 16: Youth Group - 7-8:30pm

Because of the Super Bowl, we will only be having Youth Group one night during February, but we hope that you will join us, and feel free to invite friends, to this time of gathering together for conversation, food, games and fellowship. We hope to see you there.

February 21-22: Junior High Lock-In - 7:30pm

We will be having a lock-in open for all of our Junior High students February 21-22. We will meet at the church at 7:30pm on Friday night and have a night of fun activities starting with some off-campus activities, and then staying at the church for the night. Parents can pick up their youth at 9am on Saturday morning. Be watching your email for more information, details and cost for the event, but please Save the Date for February 21-22 for our Junior High Lock-In!

February 23: Youth Lounge Cleanup - 12pm

After church and Sunday School, we will be getting some pizza and asking that youth stick around to help us go through the Youth Lounge, do some cleaning up, organizing, and planning on how to really take some ownership of the space. With a good group of youth there, we can probably do all that we want to do in just a few hours. Please plan on attending this event to help get our Youth Lounge in better shape. And if everyone could bring a couple bucks for pizza, that'd be helpful.

March 2: Pancake Breakfast Fundraiser

Sunday, March 2 is our annual pancake breakfast fundraiser. We will be having tickets for sale after worship on February 16 and 23, and all youth going on the Cuba trip will need to be present to help with this fundraiser. More information will be coming soon—but please plan to be at this event on Sunday morning to help raise funds for our youth mission trip.

Text WPCYOUTH to 41411 if you haven't joined our youth ministry texting service yet!



Meet our Youth Advisors

Starting this past fall, we have had four wonderful people step up to serve as Youth Advisors for our Sunday night Youth Group. Many of you know them, but in case you didn't, I thought I would give you an opportunity to learn a bit about these wonderful volunteers who have strengthened our ministry to youth here at WPC.

Carrie Waterston

Carrie and her husband Wes have 2 kids, Blake (4) and Whitney (almost 2) and a dog named Anna. They eat Domino's pizza every Friday night and enjoy spending time together. You may not know it from first meeting Carrie, but she is extremely adventurous and loves all kinds of outdoor activities. She's been skydiving, hang gliding and scuba diving all over the world. Her favorite movie is either "You've Got Mail" or "Eat, Pray, Love" and if she could ask God any question, she'd ask, "How am I doing?" She loves working with WPC youth because they are so care-free, fun and because she's often reminded to chill out a little bit.



Brian Bowen

Brian is a familiar face around WPC and has been working with our Sunday School program and the Sunday night youth group. He lives in a family with lots of girls, and is probably the one person that you know that likes to put hot sauce on his salads. Sling Blade is his favorite movie and if he could ask God any question, it would be, "Why don't you communicate with us more directly? We



need all the help we can get." Brian loves the energy of our youth and says that it's never boring hanging out with them.

Jill Vint

Jill and her husband Jim have been married for 10 years and have adopted two wonderful children, Madison (4) and Lachlan (22 months). Before moving to Winnetka, they had lived in London, England for 4 years. Jill is quite the world



traveler, and has traveled to over 20 countries on three different continents, including Russia twice, but has yet to ever make it to Canada. Her favorite movie is "Sixteen Candles" and she would like to ask God, "Is there actually a plan?" Jill has always enjoyed working with kids, especially teenagers. She says that often she goes in thinking she'll be teaching them something, but more often than that, she learns as much from them as they learn from her. She enjoys seeing the world through their perspective and is often reminded how bright the future can be.

Carmelo Logalbo

Carmelo is another familiar face around WPC and loves working with our youth. His mother and father were born in small towns in Sicily, about 20 miles apart. However, the first time they met each other was at a cocktail party in Brooklyn



when they were adults. Carmelo loves liver and onions and some of his favorites movies are "Patton," "Longest Day" and "Saving Private Ryan." If he could ask God any question, he'd ask, "What's heaven really like, I mean, really? And how much room is left?" Carmelo is energized by our youth and says that it's so much fun to spend time with them.



February 2014

Adult Education



YOGA SANCTUARY

YOGA SANCTUARY CONTINUES TO INSPIRE MIND AND BODY!

Yoga Sanctuary Winter Session classes continue weekly through February, meeting on **Saturday mornings from 9 to 10 am at Winnetka Presbyterian Church in the Christian Life Center, 1255 Willow Road, Winnetka.** Yoga Sanctuary is a blend of yoga body movement incorporating Scripture as the focal point of the class. No prior experience with yoga is required.\

Instructor Ali Niederkorn brings her faith to each class, centering on the following themes in coming weeks:

- February 1: Armor of God (Courage)
- February 8: Wonderful Counselor, Mighty King (Majesty)
- February 15: Create in Me a Pure Heart (Purity)
- February 22: God is With Us (Emmanuel)

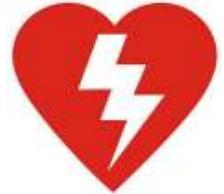
Wear loose clothes and bring a yoga mat if you have one. Bring a friend, a daughter, a neighbor and join us for a wonderful way of growing spiritually and strengthening physically.

Please note that to cover the cost of the program, we request a donation of \$15 per class.

Questions? Contact Kathy Fink, Elder for Spiritual Formation (847-693-1699),kathrynhfink@gmail.com.

We hope to see you at our next class!

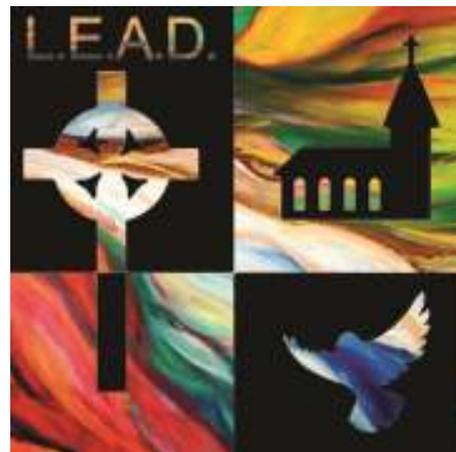
CPR Class to be held on Sunday, February 16 from 11:30-2:30pm at WPC.



This class will allow you to be CPR certified. It will be led by our multitalented custodian aka firefighter, Christ Kenneally. A CPR book, lunch and instruction will cost \$20.00. The Certification card which follows is \$1.50 each. The February 16 class has just a few openings; however, Chris would like to start a waiting list for a second class. Please contact Martha Ross-Mockaitis or Chris to sign up for the Feb 16 or to be put on the waiting list.

LEAD EVENT Coming Soon!

March 1st is the Chicago Presbytery LEAD Event at Elmhurst Presbyterian Church. LEAD stand for Leadership, Education and Development for the Whole Church. Anyone can attend. Ruling Elder and former General Assembly Moderator Rick Ufford-Chase will be the Keynote speaker and workshop leader. David Lower will also lead a workshop. If you want a copy of the brochure, check out ChicagoPresbytery.org website or contact David or Adam for an email copy. Let's make up a car pool! 8 am registration with lunch and the day ends at 3pm. Continental breakfast included and a bookstore and Ten Thousand Villages market will be available. Childcare is available with pre-registration. Cost \$15.00



February 2014

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1 8am Men's Group
2 9:45am Worship & Sunday School 11am Fellowship 11am Animate: Bible 11am Youth Sunday School	3	4 10am Staff Meeting 7:30pm AA Meeting	5 9:30am Women's Bible Study 9:30am Naomi's Circle	6 9:30am LifeTalk at Caribou Coffee 7:30pm Choir Rehearsal	7 8:00pm AA Meeting	8 8am Men's Group
9 9:45am Worship & Sunday School 11am Animate: Bible 11am Fellowship 11am Youth Sunday School	10	11 10am Staff Meeting 7:30pm AA Meeting	12 9:30am Women's Bible Study 9:30am Naomi's Circle	13 9:30am LifeTalk at Caribou Coffee 7:30pm Choir Rehearsal	14 8:00pm AA Meeting	15 8am Men's Group
16 9:45am Worship & Sunday School 11am Animate: Bible 11am Fellowship 11am Youth Sunday School	17	18 10am Staff Meeting 7:30pm AA Meeting	19 9:30am Women's Bible Study 9:30am Naomi's Circle	20 9:30am LifeTalk at Caribou Coffee 7:30pm Choir Rehearsal	21 8:00pm AA Meeting	22 8am Men's Group
23 9:45am Worship & Sunday School 11am Animate: Bible 11am Fellowship 11am Youth Sunday School	24	25 10am Staff Meeting 7:30pm AA Meeting	26 9:30am Women's Bible Study 9:30am Naomi's Circle	27 9:30am LifeTalk at Caribou Coffee 7:30pm Choir Rehearsal	28 8:00pm AA Meeting	



1255 Willow Road
Winnetka, IL 60093
847-446-7777

Office Hours
Monday - Thursday: 9:00am - 5:00pm
Friday: 9:00am - 1:00pm